

Monday

06:30 - Public/Lane Swim - Main Pool (150 min)
12:10 - Public/Lane Swim - Main Pool (50 min)
21:00 - Public/ Lane - Main Pool (60 min)

Tuesday

06:30 - Public/Lane Swim - Main Pool (195 min)
09:30 - Family Swim - Small Pool (60 min)
10:00 - Aqua Fit (45 min)
10:30 - Splash Time - Small Pool (60 min)
11:00 - Public/Lane Swim - Main Pool (120 min)
18:30 - Aqua Fit (45 min)
18:30 - Public Swim - Small Pool (60 min)
21:00 - Public/ Lane Swim - Main Pool (60 min)

Wednesday

06:30 - Public/ Lane - Main Pool (150 min)
12:10 - Public/Lane Swim - Main Pool (50 min)
19:00 - Aqua Fit (45 min)
19:15 - Family Swim - Small Pool (60 min)
21:05 - Adult Only/Lane Swim - Main Pool (55 min)

Thursday

06:30 - Public/Lane Swim - Main Pool (150 min)
12:10 - Public/Lane Swim - Main Pool (50 min)
19:15 - Family Swim - Small Pool (45 min)
21:00 - Lane Swim - Main Pool (60 min)

Friday

06:30 - Public/Lane Swim - Main Pool (150 min)
12:10 - Public/ Lane Swim - Main Pool (50 min)
19:00 - Aqua Fit (45 min)
19:15 - Family Swim - Small Pool (45 min)
20:00 - Public Swim - Main Pool (60 min)
21:00 - Adults Only - Main Pool (60 min)

Saturday

08:00 - Public Swim - Main Pool (45 min)
13:15 - Public Swim - Main Pool (150 min)
13:15 - Public Swim - Small Pool (150 min)

Sunday

08:00 - Public/ Lane Swim - Main Pool (45 min)
14:45 - Public Swim - Main Pool (60 min)
14:45 - Public Swim - Small Pool (60 min)